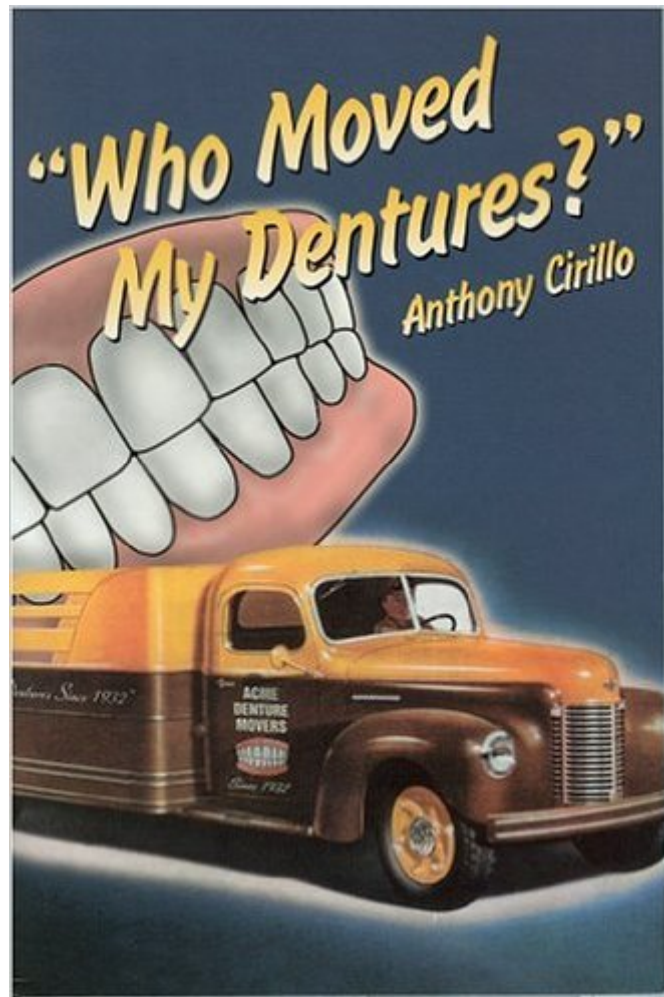


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# Who Moved My Dentures? 13 False (Teeth) Truths About Long-Term Care And Aging In America



## Synopsis

Who Moved My Dentures dispels 13 different myths about long-term care and aging in America as told through human interest stories of people the author has met through his work as a healthcare executive, advocate and entertainer for older adults. It was written to educate and lessen fear about long-term care facilities and also to dignify and increase respect for the residents living in these facilities who can inspire us all through their attitude and approach to life. The book is perfect for baby boomers, families and caregivers. You can learn about these places in a non-threatening way through a book that is full of the heart and soul of the seniors who live there. There is useful information for choosing facilities, a glossary as well as information about the financing and policing of the industry. The FOREWORD was written by Dr. Charles Roadman, past president of the American Healthcare Association.

## Book Information

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## Customer Reviews

"Who Moved My Dentures" is must reading for baby boomers contemplating nursing home care for their parents, or thinking ahead some years when they may be residing themselves in such an institution. Many of us are apprehensive about aging, and Cirillo does a great job dispelling some of the myths of aging in America and what it's like living in an assisted care facility. In addition to being a healthcare professional, Cirillo entertains in diverse assisted living facilities, more than 300 shows a year on the east coast. Thus, he writes from an insider's view, and he has a unique perspective gained from experience at many different institutions. The myths Cirillo addresses in each chapter are the questions many of us with little experience have about such institutions; e.g., are they places

to die vs. a temporary home to enjoy life, what types of activities can you do there, friendships, romance, visitors. The biggest take away for me was the information presented about long-term care insurance. The costs associated with assisted living, as with other health care costs, are very high in America. An unplanned extended stay in such a facility can severely impact the financial resources of families without some type of insurance protection. I recommend this short book (163 pages) as a good initial resource for someone considering assisted living.

This book gives a comprehensive view of the realities of making decisions when it comes to placing loved ones into nursing homes and assisted living facilities. The stories and events explained in the book are enlightening, happy, sad, and quite true. Having gone through such an experience, I wish I would have known about this book as it would have provided comfort and assurance in knowing the decisions our family made were the correct ones when it came time for the assisted living and nursing home experiences with our dad. Cirillo makes hundreds of visits to the various institutions described in his book, so he sees firsthand the challenges and difficulties that we all must face someday, but he presents it in such a way, that makes for interesting and valuable reading. This book is a must read for all those that have aging loved ones that may be facing elder care alternatives and it will definitely help ease the burden of decisions that will ultimately have to be made. I recommend this book to everyone.

I wish I had this book when I had to weigh my options for putting a family member in a nursing home! Cirillo covered most of the relevant issues, and also provided some nice life-lessons for us all. Cirillo writes in a very casual style. You almost feel like you are sitting down with a story teller, who happens to be a trusted friend. His allusions to his "old neighborhood" of South Philadelphia provide a nice slice of life. You can tell that Cirillo speaks from experience and with a passion for his commitment to long term care. This is not the cold synthesis of a researcher; rather stories with a purpose from a warm-hearted, well-organized educator, entertainer, and long term care professional. This book is something that every potential client for long term care should read.

Anthony's book has helped our family come to terms with a very difficult decision. My wife and I have been anxious and sad at the thought of moving her mother to a long-term care facility. After reading "Who Moved My Dentures" we have a much better insight into the matter and feel more informed and less worried. As difficult as it is still going to be, just because of what it means to leave a house that has been your home for virtually your entire life, Anthony takes much of the edge off of

the situation. His encouraging and warm first-person account of his experiences provides a balance to the negative press that long-term care facilities sometimes receive. He not only gives encouragement and support but also is humorous and enlightening, giving the reader a truly personal glimpse into the day-to-day lives of the wonderful people that live here and the dedicated people that care for them, including Anthony himself. If you will EVER have the need for information regarding long-term care, this is required reading. Great stories, great lives, great book!!

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